

Kent Schools' Track and Field Championships - 2024
Medway Park, Gillingham ME7 1HF

Track					Field					
T1	10.00	300m Hurdles	IG	Final	8	F1	10.00	JB/JG	Pole Vault	6/2
T2	10.08	400m Hurdles	IB	Final	1	F2	10.00	IB/JB	Hammer	6/12
T3	10.15	100m	Y7G	2 Trials	16	F3	10.00	IG	High Jump	7
T4	10.25	100m	Y7B	3 Trials	23	F4	10.00	Y7B/Y7G	Shot	8/3
T5	10.35	100m	JG	4 Heats	30	F5	11.00	JG	High Jump	12
T6	10.45	100m	JB	5 Heats (9)	44	F6	11.00	Y7B	Long Jump	17 Pit 2
T7	11.00	100m	IG	4 Heats	32	F7	11.00	Y7G	Long Jump	8 Pit 1
T8	11.15	100m	IB	4 Heats (9)	35	F8	11.45	IG/JG	Hammer	2/3
T9	11.30	1500m	JG	Final	17	F9	12.15	IB	High Jump	19
T10	11.35	1500m	JB	2 Trials	37	F10	12.15	IG/JG	Javelin	5/10
T11	11.45	1500m	IG	Final	11	F11	12.30	IB/IG	Triple Jump	11/4 Pit 1
T12	11.50	1500m	IB	Final	18	F12	12.45	JB	Shot	18
T13	12.00	100m	JG	Final	from T5	F13	13.45	IB/IG	Pole Vault	5/1
T14	12.05	100m	JB	Final	from T6	F14	13.45	IG	Long Jump	6 Pit 2
T15	12.10	100m	IG	Final	from T7	F15	13.45	IB/JB	Javelin	10/18
T16	12.15	100m	IB	Final	from T8	F16	14.00	JB	Triple Jump	21 Pit 1
T17	12.20	3000m Walks	All	Final	0/1	F17	14.30	JB	High Jump	21
T18	12.20	2000m Walks	All	Final	1/5/0/1	F18	15.00	IG/JG	Discus	9/17
Break						F19	15.30	JG	Shot	14
T19	12.55	800m	Y7G	2 Trials	16	F20	15.45	Y7B/Y7G	Javelin	9/2 PV end
T20	13.03	800m	Y7B	3 Trials	24	F21	15.45	JG	Long Jump	14 Pit 2
T21	13.20	800m	JG	3 Trials	23	F22	16.30	IB/IG	Shot	13/6
T22	13.30	800m	JB	4 Trials	37	F23	16.45	IB/JB	Discus	11/17
T23	13.40	800m	IG	2 Heats	15	F24	16.45	JB	Long Jump	18 Pit 1
T24	13.47	800m	IB	3 Heats	24	F25	16.45	IB	Long Jump	15 Pit 2
T25	14.00	200m	IB	3 Heats	23					
T26	14.10	200m	IG	2 Heats	16					
T27	14.20	200m	JB	4 Heats	31					
T28	14.35	200m	JG	3 Heats	20					
T29	14.50	3000m	IB/IG	Final	7/0					
T30	15.05	75m Hurdles	JG	Final	8					
T31	15.15	80m Hurdles	IG	Final	4					
T32	15.25	80m Hurdles	JB	3 Heats	17					
T33	15.45	100m Hurdles	IB	Final	5					
T34	15.55	400m	IB	2 Heats	15					
T35	16.05	300m	IG	Final	8					
T36	16.10	300m	JB	4 Heats	30					
T37	16.25	300m	JG	2 Heats	13					
T38	16.40	1500m S/C	SG	Final	6					
T39	16.40	1500m S/C	IG	Final	2					
T40	17.00	1500m S/C	IB	Final	6					
T41	17.15	2000m S/C	SB	Final	4					
T42	17.25	80m Hurdles	JB	Final	From T32					
T43	17.35	800m	IG	Final	From T23					
T44	17.40	800m	IB	Final	From T24					
T45	17.45	200m	IB	Final	From T25					
T46	17.50	200m	IG	Final	From T26					
T47	17.55	200m	JB	Final	From T27					
T48	18.00	200m	JG	Final	From T28					
T49	18.10	400m	IB	Final	From T34					
T50	18.15	300m	JB	Final	From T36					
T51	18.20	300m	JG	Final	From T37					

BRING 8 SAFETY PINS FOR YOUR NUMBERS

Starting Blocks will only be permitted in sprint finals in accordance with the ESAA Track and Field Championship Rule 24

Competitors should arrive at the venue at least 1 hour before their first event start time. Ensure you arrive for the heat and not the final time where applicable.

UPON ARRIVAL REPORT TO REGISTRATION, COLLECT YOUR NUMBERS AND ENSURE YOU ARE REGISTERED FOR YOUR EVENT(S)

Track events - athletes should report to the marksman at the start location at least 10 mins before the event start time.

Field events - report at least 15 minutes before event start time for warm up.

All competitors apart from those in the Pole Vault and High Jump will have three attempts with the best six having further trials, 1 extra for Junior and Y7 athletes and 3 for Intermediate age athletes.

Minimum Starting heights will be:

PV	1.80	JG
	2.00	JB
	1.80	IG
	2.20	IB
HJ	1.35	JG
	1.45	JB
	1.40	IG
	1.55	IB

In the High Jump the height progression will be at the discretion of the Field Referee

Competitors in the Triple Jump (JB, IB) may choose to take off from either the 9m or 11m board. If in the opinion of the officials at the event a competitor is unlikely to reach the pit safely from the 9m board they may disallow the competitor from taking part in the competition. Inter Girls may choose to take off from either the 7m line or 9m or 11m boards and must safely reach the pit.

Finals will be run at heat times if insufficient competitors declare. Those who qualify for the final must participate in it unless permission is obtained from the Track Referee. In this case they will not be able to take part in subsequent events.