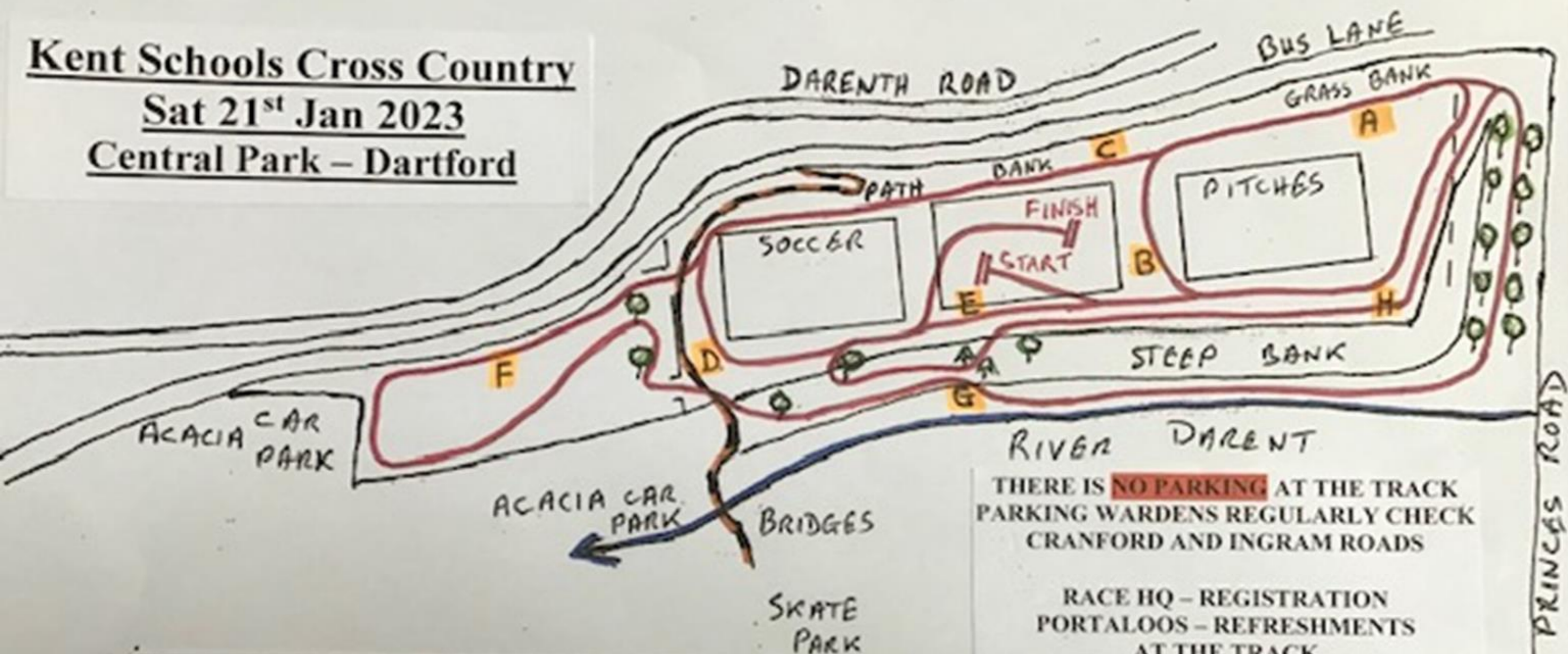


Kent Schools Cross Country

Sat 21st Jan 2023

Central Park – Dartford



Event	Time	Course	Distance
Year 7 Girls	11.30	ACDE ACFGH	2650m
Year 7 Boys	11.50	AB ACDE ACFGH	3050m
Inter/Sen. Girls (Yr10+)	12.10	AB ACDE ACFG ACFGH	4200m
Sen. Boys (Yr12/13)	12.35	ACFGHE x 3 ACFGH	7350m
Inter Boys (Yr10/11)	13.10	ACDE ACFGHE x 2 ACFGH	6250m
Jun. Girls (Yr8/9)	13.40	AB ACDE ACFGH	3050m
Jun. Boys (Yr8/9)	14.05	AB ACDE ACFG ACFGH	4200m

The course is almost totally on grass. The steep slope can be slippery, so will be best suited to spikes/studs. A surfaced path is crossed twice on each main lap. The steep path leading from river through an avenue of trees up to the sports fields, has a lot of tree roots which will be sprayed to highlight them. It is used weekly by a Park Run.

It may be necessary to alter courses should there be heavy rainfall, to avoid damage to Sports Fields/Pitches.

ATHLETICS
TRACK